

Network Spinal Analysis (NSA) (Network Care) Informed Consent

The purpose of this letter is to help me better understand the nature of care offered at the Network Chiropractic Center.

NSA does not attempt to adjust spinal fixations nor does it treat painful areas of the body. Instead, by enhancing the body's awareness of itself, I understand I can develop new nervous system strategies for healing, adapting to stress, and experiencing well-being. These strategies encourage self-correction of the spine and self-regulation of neural tension patterns. This upgraded awareness in the nervous system promotes healing.

In traditional Chiropractic care, Vertebral Subluxations are adjusted to remove interference to the nervous system. In NSA care, we are directly effecting the neurology to reduce tension patterns that hold the spine in a misaligned fashion. As you develop new strategies under NSA care, your spine learns to self correct. This may show up as spinal releases during stretching, yoga, breathing deeply, or movement.

NSA consists of gentle contacts along the spine to achieve greater communication between my brain and body. The contacts are made where the greatest connection is between the spine and nervous system. This series of contacts, called an Entrainment, allows the frontal lobe of my brain (thought, reason, thinking) to become calm and find safety within the body once again. Being aware of my breath is an important part of my Entrainments.

As the breath begins to connect with each spinal vertebra, it creates a "rocking" motion within the spine, and a Respiratory Wave develops. The beginning part of NSA care is called Discover. As this Respiratory Wave develops, I learn to release tension spontaneously.

I understand that it is common to experience a wider range of motion and emotion during care. This is common in the second part of NSA care, called Transform. In Awaken, the third part of NSA care, it is common that people feel a new sense of rhythm in their body and life. As I experience NSA care, I understand that I may make different life choices, and that these choices are more likely to be in alignment with my Truest Nature.

I understand that I will have Progress Exams throughout my care in which I will participate in understanding the changes within me, and setting new intentions for deeper healing and experiencing more of my inner life energy.

Rather than attempting to return me to my previous "pre-pain " state or restore me to where I was before the symptoms began, NSA will help me upgrade to new levels of wellness and awareness than ever before. This is called "Re-organizational Healing". My life style, nutrition, and emotional habits will be upgrading over time, as well, to support my increased awareness in Re-organizational Healing.

We are not treating or diagnosing diseases or symptoms. If during care we encounter unusual findings, we will let you know. If you desire advise on further diagnosis or treatment of a condition, we can recommend that you seek services of another health care provider. It is advisable to continue your NSA care for deeper healing (Re-organizational Healing), no matter what other practitioners you choose for Restorative Healing.

I have read this Informed Consent and understand the care I will receive at the Network Chiropractic Center. I agree to receive care. I understand that I am active participant in my care and in my healing process.

Print Name

Signature

Date